



## In Preparation for Placement

- 1) Have you contacted Home and Community Care? All placements are made through VIHA and an assessment, including financial information, is required to qualify for placement.
- 2) Restrictions:
  - Glacier View is a non-smoking facility. Smoking cessation therapy needs to be well-established prior to admission.
  - Alcohol and medications are not to be kept in resident rooms.
  - Power Scooters are not to be used inside. Power wheelchairs can be used indoors with permission based on demonstrated need and ability to operate safely.
- 3) Do you have a Power of Attorney to manage financial matters?
- 4) In the case of a decline in cognition and/or cooperation, do you have a doctor's letter of mental incompetence? You may need to consult with a lawyer regarding Committee.
- 5) Do you have a physician in the Courtenay/Comox area who also has hospital privileges and is willing to follow your care at Glacier View Lodge?
- 6) Have you and your family determined who will be the primary contact to sign consents and make health decisions on behalf of you if you are unable?
- 7) Have you discussed Degrees of Intervention with your physician? This involves coming to agreement on a guideline for how much life-saving intervention is reasonable in the case of an irreversible life threatening event such as cardiac or respiratory arrest. Some seniors have prepared an *Advance Directive* or have a signed *Do Not Resuscitate Order* at home.
- 8) Be prepared to be asked to provide the name of a funeral home of your choosing to be on file.
- 9) Label all items you expect to bring in - including dentures, glasses, and hearing aids. For a one-time charge, we can provide clothing labels.
- 10) Consider tenant's insurance for belongings that will accompany you.
- 11) What to bring:
  - Loose-fitting washable clothing, enough for a 3-week vacation.
  - Good fitting shoes with non-skid soles.
  - A comfortable chair (non-rocking), favorite pictures, TV (optional)
  - Mobility aids used at home – cane, walker, wheelchair

Remember - closet space is limited, as is the room size.