

Welcome to Respite

Respite Service (short term stay) is arranged through VIHA Home & Community Care. If you have questions about access to Respite or to confirm your dates, please contact your Case Manager at (250) 331-8570

Please arrive at 10:30 a.m. on your day of admission. Once you are settled, we ask that the person responsible for payment visits our Reception office to sign the consent package and verify demographic information.

Please arrange to be picked up by 9:30 a.m. on the day of discharge.

Your Room

You will have a private room and a two piece bathroom (toilet and sink). The respite rooms are equipped with an adjustable bed, bedside dresser, 4 drawer bureau, lounge chair, television and lamp. All linen is provided by the facility. There is a call bell system in each room with an intercom so individuals can access the nursing staff. The room is located within our secure unit at Glacier View Lodge.

Meals

All meals are served in the Dining Room and tea times in the lounges. Please let us know if you have food allergies/sensitivities or preferences so that we can plan substitutions. You will be assigned a seat and table mates for the duration of your stay. Should you have any concerns about meals or dining room placement, our Dietitian can make alternate arrangements.

Activities

A variety of social, emotional, cognitively-stimulating and physical programs are offered in all of our care units. You are invited to take part in the programs that are of interest to you. Activity staff will invite you to the planned events.

WHAT TO BRING:

Clothing

You are encouraged to bring the clothes you are most comfortable wearing at home. Make sure the clothing is machine washable/dryable. We don't offer dry cleaning or hand washing. We encourage you to bring your clothing for labelling on the day of admission. There is a one-time fee of \$10 for unlimited labels which will be applied by our staff. Leave your clothing inside your suitcase until it is taken for labelling. Our Receptionist will provide you with the label consent form. *If you wish to have your clothes laundered at home instead of in the facility laundry please inform the Nurse at admission. Arrangements can be made to have a mesh laundry bag on the back of the bathroom door. Family requested to pick up soiled items.*

Personal Items

We encourage you to bring things from home that will provide comfort. Consider bringing along your family photos, cd player and music, books, magazines, a favourite throw blanket and so on. Please ensure your property is labelled so it can be identified should it be misplaced.

Toilet Items

Towels, facecloths, toilet tissue and soap are provided by the Lodge. Please be sure to bring other personal items with you such as toothpaste, brush, razor, deodorant, lotions, a box of tissues, etc. *Please note we have a no-scent policy to protect those who have environmental allergies or respiratory concerns, so we ask that you not bring heavily scented toiletries with you.* Our Tuck Shop does have a selection of products for sale should you find you need them during your stay. They can be purchased during the day from Activity Staff. Should you use incontinent supplies at home we encourage you to bring those too.

Medications

We will phone your physician to re-order blister-packed medications for your stay from our pharmacy. The Nurse who admits you will check that the ordered medications match what you were taking at home. There may be an additional charge for those medications not covered by Pharmacare. These charges will appear on your invoice.

Safety Concern

As the building and surrounding outdoor areas may not be familiar to new clients, each person will be fitted with a Wanderguard bracelet to ensure safety. This bracelet will alert staff if the client exits the building. In addition, each person staying at Glacier View Lodge will be provided with an identification bracelet.

What Not To Bring

Glacier View Lodge is a non-smoking facility.

Please do not bring alcohol or over the counter drugs to keep in your room. Cocktails are offered twice weekly for a nominal fee.

Please do not bring money. If purchases are made at the Hairdresser, Tuck Shop or on facility outings the charges will be added to your account.

The Glacier View Lodge staff looks forward to making our facility and its services available to you and hope this pamphlet answers most of your initial questions. Should you have other concerns please feel free to call our Nurse Manager at (250) 338-1451.