

# Glacier View Lodge

## Welcome to the Adult Day Program!



### Glacier View Lodge Mission Statement

Glacier View Lodge is a complex care facility which provides progressive residential care and various associated community services, primarily for seniors of the Comox Valley. Glacier View Lodge respects the dignity and individuality of each person in its care, while offering choice in as many quality of life aspects as possible. Glacier View Lodge, recognizing that individuals are members of a larger community with physical, emotional, Glacier View Lodge values its staff, their aspirations and health by providing a supportive, safe and stimulating work environment and appropriate compensation.

### Adult Day Program

The Adult Day Program at Glacier View Lodge, located at 2450 Back Road, Courtenay, operates Monday through Friday from 9:30 a.m. to 3:15 p.m. We are closed on all holidays. Referrals come to us through Vancouver Island Health Authority's Home & Community Care case managers. Once information is received, we will call to arrange attendance. Most clients attend the program one day each week. Clients who wish to begin the program prior to completion of the referral process may wish to consider our 'private pay' option. Please call us to discuss this option.

During a **typical day at the Adult Day Program**, clients arrive between 9:30 and 10:00 a.m. and enjoy morning coffee & refreshments with the group. This is a chance to visit and talk about the day's events. Following this, clients may choose to participate in the chair exercise and mental stimulation programs. On Thursdays our Christian fellowship service is held in the morning. Other mornings our Music Therapist leads a group in singalong, drumming or bell choir. Following lunch, clients have the opportunity to participate in a wide range of activities. We look forward to incorporating your favourite pastimes into our program. There are quiet spots for resting, should this be required. Clients are welcome to book appointments at our Beauty Salon or purchase items at our in-house Tuck Shop. Other limited services that are available to Adult Day Program clients include:

- LPN to monitor health needs, provide nursing treatments, and provide ongoing support to you and your family.
- Assistance with bathing for those who are unable to manage this independently at home (*Bath spots limited*).
- Annual Flu Vaccine

### Transportation

Most clients use the BC Transit handyDART system, or are transported by family members. handyDART tickets are available for purchase through Glacier View Lodge and the cost is added to your monthly statement. We are happy to arrange your initial transportation arrangements, but ask that you or our family **notify handyDART at 250-339-5442 of any absences or changes.**

## Payment & Consent

Most of the program cost is funded through the Vancouver Island Health Authority. The client fee is \$5 per day. We ask that the person responsible for payment and care of the client sign our Admission agreement on the day of admission to the program.



Our finance department will send you a monthly invoice, and this will include any additional costs for handyDART tickets purchased here, Tuck Shop charges and Hairdressing fees. You can make your payment at the Glacier View Lodge Reception office, directly inside our front door. No charge will be made for illness or vacation if we are notified in advance. **If you will not be able to attend on your scheduled day, leave a message for the Adult Day Program staff at 250-338-1451. Don't forget to also call the handyDart at 250-339-5442 if you use their service.**

## What to Bring with you...

If you take medication during the day, please bring your dose with you. If you require our staff to administer the medication, please arrange with your Pharmacy to have the needed doses blister packed which can then be left at Glacier View Lodge.

Please bring any special equipment that you normally use such as a wheelchair or walker, incontinence supplies, extra dressings or colostomy supplies. If you typically require a change of clothing during the day, please bring a spare set.

If you are scheduled for a bath, please bring any necessary hygiene supplies and a change of clothing. Please note that those who receive a bath as part of their Adult Day Program Service will be charged a fee of \$5 for this service, in addition to the daily fee of \$5.

It is a good idea to put a name label inside your coat, hat or scarf, as well as labeling your walker, wheelchair or other equipment that you bring.

## What not to Bring...

Don't bring money, unless you are going on a special outing or for bill payment. Glacier View Lodge cannot accept responsibility for lost money or valuables.

## Smoking

Glacier View Lodge is a non-smoking facility.

*We look forward to making our facility and services available to you and hope this information sheet will answer most of the initial questions you might have. If there are others, please call our Director of Resident Lifestyle & Community Programs at 250-338-1451.*